



SALES



NOV. 16 - 30, 2024



EASTBAYNATURALGROCERS.COM



IMMACULATE
ORGANIC FLAKY
BISCUITS

\$4.29

16 oz



ALDEN'S ORGANIC
ORGANIC ICE CREAM
selected varieties

\$8.49

48 oz

FARMER'S MARKET
ORGANIC PUMPKIN

\$2.79

15 oz



DANDIES
VEGAN MARSHMALLOWS
selected varieties

\$3.49

10 oz



WHOLLY WHOLESOME
GLUTEN FREE PIE SHELLS

\$5.99

2 ct



LUNDBERG FAMILY FARMS
WILD BLEND RICE

\$4.29

1 lb



IF YOU CARE
PARCHMENT BAKING PAPER

\$4.79

70 sqft



IMAGINE
ORGANIC SOUP
selected varieties

\$4.29

32 oz



SIMPLY ORGANIC
ORGANIC GRAVY MIX
selected varieties

\$1.29

0.85 oz



CASCADIAN FARM ORGANIC
ORGANIC POTATOES
selected varieties

2/\$8

16 oz



PACIFIC FOODS
ORGANIC BROTH
selected varieties

\$3.29

32 oz





Homemade for the holidays. Celebrate better with Bob's Red Mill baking ingredients.



BAKING SODA

\$2⁴⁹

16 oz



ORGANIC FLOUR
selected varieties

\$5⁹⁹

5 lb



1 TO 1
BAKING FLOUR

\$4²⁹

22 oz

MIKE'S MIGHTY GOOD
CRAFT RAMEN

selected varieties

\$1⁸⁹

1.6–2.4 oz



DAIYA
DELUXE MAC & CHEEZE

selected varieties

\$3⁷⁹

10.6 oz



THE GINGER PEOPLE
ORGANIC PICKLED
SUSHI GINGER

\$3⁷⁹

6.7 oz



ONCE AGAIN
ORGANIC TAHINI

selected varieties

\$7⁴⁹

16 oz



PURELY ELIZABETH
ORGANIC GRANOLA

selected varieties

\$5²⁹

8–12 oz



CASCADIAN FARM ORGANIC
ORGANIC CEREAL

selected varieties



TATE'S BAKE SHOP
COOKIES

selected varieties

\$4⁹⁹

7 oz



PANDA
LICORICE

selected varieties

\$3²⁹

7 oz



2/\$7

8.6–15 oz

SPECTRUM
ORGANIC SHORTENING



\$8.49

24 oz



ORGANIC BROWN SUGAR
selected varieties

\$4.29

24 oz

Wholesome

Bake your holiday best with help from Wholesome Organic Fair Trade Sugars. From crop to kitchen, these sugars matter—in the quality of what you make for your loved ones and in how our Fair Trade, sustainably sourced sugars help support farming communities and our planet.

LET'S DO
ORGANIC COCONUT FLAKES

\$2.79

7 oz



LAKEWOOD
ORGANIC PURE POMEGRANATE JUICE

\$8.69

32 oz



CALIFIA FARMS
BETTER HALF CREAMER

\$2.99

16.9 oz



LATE JULY
ORGANIC TORTILLA CHIPS
selected varieties

2/\$7

10.1 oz



ZEVIA
ZERO CALORIE SODA
selected varieties

\$5.49

6/12 oz



BROWN COW
CREAM TOP WHOLE MILK YOGURT
selected varieties



RW GARCIA
ORGANIC CORN CHIPS
selected varieties

\$3.29

7.5-8.25 oz



CHAMELEON COLD-BREW
ORGANIC COFFEE CONCENTRATE
selected varieties

\$6.29

32 oz



\$3.79

32 oz



For food enthusiasts eager to explore dairy-free options, Miyoko's offers an organic plant milk creamery, producing exceptional vegan cheese and butter. We inspire you to make food choices that not only taste amazing but also contribute to a better world.

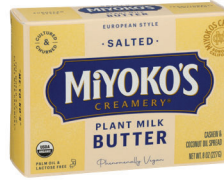


ORGANIC VEGAN CREAM CHEESE

selected varieties

\$4 29

8 oz



ORGANIC CULTURED VEGAN BUTTER

selected varieties

\$4 79

8 oz

THE GREEK GODS GREEK STYLE YOGURT

selected varieties

\$4 29

24 oz



EARTH BALANCE ORGANIC VEGAN WHIPPED BUTTERY SPREAD

\$4 79

13 oz



KERRYGOLD BUTTER

selected varieties

\$4 49

8 oz



GREEN VALLEY CREAMERY ORGANIC LACTOSE-FREE SOUR CREAM

\$3 49

12 oz



VITAL FARMS PASTURE-RAISED EGGS

\$6 49

12 ct



FOLLOW YOUR HEART DAIRY-FREE SHREDDED PARMESAN

\$3 49

4 oz



ORGANIC VALLEY ORGANIC SHREDDED CHEESE

selected varieties

\$3 99

6 oz



MARIN FRENCH CHEESE CO. BRIE

selected varieties

\$5 29

4 oz



NANCY'S ORGANIC COTTAGE CHEESE

selected varieties

\$3 99

16 oz



BITCHIN' SAUCE ORIGINAL BITCHIN' SAUCE

selected varieties

\$4 49

8 oz



BONAFIDE PROVISIONS
ORGANIC BONE BROTH

selected varieties

\$6.49

24 oz



BACH
RESCUE PASTILLES

selected varieties

\$8.99

50 g



BOIRON
CHESTAL HONEY COUGH SYRUP

\$9.79

6.7 oz



SOVEREIGN SILVER
BIO-ACTIVE SILVER HYDROSOL

\$12.99

2 oz



GARDEN OF LIFE
COLLAGEN PEPTIDES

\$20.99

280 g



VIBRANT HEALTH
GREEN VIBRANCE

\$45.99

330 g



CHILDLIFE ESSENTIALS
LIQUID MULTI VITAMIN
& MINERAL

\$10.99

8 oz



NATURAL FACTORS
DGL 400 MG CHEWABLE

\$13.99

90 tab



NORDIC NATURALS
ULTIMATE OMEGA D-3

\$22.99

60 ct



GAIA HERBS
OIL OF OREGANO

\$18.99

60 ct



HERBATINT
PERMANENT HAIR COLOR GEL

selected varieties

\$12.99

5.75 oz



BIOKLEEN
BAC-OUT STAIN
& ODOR REMOVER

\$8.49

32 oz



MRS. MEYER'S CLEAN DAY
LIQUID DISH SOAP

selected varieties

\$3.99

16 oz



ECOS
DISH SOAP

selected varieties

\$3.49

25 oz



WORLD CENTRIC
ASSORTED
COMPOSTABLE CUTLERY

\$1.39

24 ct



Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

- | | |
|------------------------------------|---|
| 3 tablespoons olive oil | 2 cups frozen corn |
| 1 large yellow onion, diced | 1 cup half and half (or alternative) |
| 1 tablespoon minced garlic | 1 large baked potato, peeled and roughly mashed |
| 2 4-ounce cans diced green chiles | 1 tablespoon sriracha hot sauce |
| 1 quart vegetable stock | ½ cup cilantro, chopped (optional) |
| 1 15-ounce can pumpkin puree | 1 ½ teaspoons sea salt |
| 1 teaspoon ground cumin | |
| ½ teaspoon dried thyme | |
| ½ teaspoon dried savory (optional) | |

DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5-10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

Make it plant-based by replacing half and half with a plant-based creamer.



PROUD MEMBER OF INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

